U.S. National Development Program
Grant Application Video Edit Guide

Table of Contents

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Application Video Submission Requirements

Please ensure that your video is shared to <u>'Public' or 'Anyone with the Link' until January of the grant award year.</u> For a thorough review of your application, The USNDP Grant Committee will need to access the videos throughout the entirety of the performance evaluation process.

Please DO NOT include links to personal websites or videos with slow motion or music.

Share a link to either a:
- YouTube Channel <u>OR</u>
- Google Folder <u>OR</u>
- Vimeo Folder

Video less than 60 seconds in length or shots edited together (less than 2 minutes total of the following:

Full Swing Video (1 video for all shots edited together)
- 2 Clubs
    - Driver
    - 6-iron
- 2 Angles
    - Down the target line
    - Face on

Short Game Video (1 video for all shots edited together)
- 3 Shots
    - Putt
    - Chip
    - Bunker
- 1 Angle
    - Down the target line

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Recording the Videos

Recommended Equipment
- Smartphone or tablet
- (optional) Tripod or stable surface to place the phone
- Good lighting conditions

Recording Tips
- *Ensuring good lighting*: This is crucial for video quality. Good lighting helps capture clear details of the swing and ball flight. Natural daylight provides optimal lighting, but additional lighting is recommended when filming indoors or in low-light conditions.

- *Using a tripod*: A steady camera is essential for capturing clear, professional-looking golf swing videos. A tripod eliminates camera shake and allows for consistent framing of shots.

- We recommend video with limited noise and distractions.

Angles to Capture
- **Down the Target Line:** Position the phone directly behind the target line to capture the full swing and short game shots.

- **Face On:** Position the phone perpendicular to the target line to capture your swing and short game shots from the side.

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Editing the Videos

Recommended Video Editing Apps
- **iPhone/iPad/Apple Macbook**
  - iMovie (free)
- **Android**
  - PowerDirector (free)
    - [ARTICLE: Create Videos on Mobile Device in 3 Simple Steps](#)
    - [VIDEO: How to Trim & Split Demo Video](#)
    - [VIDEO: Editing Tips](#)
- **Personal Computer (PC)**
  - Microsoft Office ClipChamp (free with in-app purchases)

Steps to Edit Your Videos

[Using iPhone/iPad](#)   [Using MacBook (Apple)](#)   [Using Microsoft ClipChamp (PC)](#)

Using iPhone or iPad
1. **Import Your Footage**
   - Open your video editing app.
   - Import the recorded videos into the app.
2. **Trim and Edit Your Shots**
   - Select the clips of each shot (full swing with driver and 6-iron, short game with putt, chip, and bunker).
   - Trim the clips to the desired length.
3. **Trim and arrange clips on iPhone or iPad (As Shown on iMovie)**
   - After you [add video clips and photos to the timeline of your project,](#) you can make a clip longer or shorter, change the sequence of clips, or split a clip into two separate clips.
4. **Trim clips**
   - You can trim a video clip or a photo so it appears for a shorter or longer period of time in your project.

- With your project open, tap the video clip or photo in the timeline. A yellow highlight appears around the selected clip.

- To zoom in on the clip, pinch open in the center of the timeline. When you zoom in, you can see more detail in the clip, which can make it easier to edit.
- Drag the beginning or end of the clip to make the clip shorter or longer:
- To make the clip longer, drag the edge of the clip away from the center of the clip.
- To make the clip shorter, drag the edge of the clip toward the center of the clip.
- If you can't drag the edge of the clip, there might not be additional video at the beginning or end of that clip. For example, if you added a video clip that's 20 seconds long, you can't make it longer than 20 seconds. It might also mean the clip is at the shortest length allowed by iMovie, which is 0.3 seconds. If you still want to change the duration of a clip, try changing the speed of the clip.

5. **Arrange clips**
    - You can change the sequence of clips in the timeline to change when a particular clip appears in your movie. With your project open, touch and hold the video clip or photo in the timeline until it rises off the timeline, then drag the clip to a different location in the timeline.

6. **Split clips**
    - When you split a clip, you can adjust the duration of each section, remove unwanted sections, or add different titles to each section.
    - Scroll in the timeline to position the play head (the white line) where you want to split the clip.
    - If necessary, pinch open in the center of the timeline to zoom in on the clip.
    - Tap the clip, tap the actions button✂, then tap Split. Or tap the clip, then swipe down over the play head on the clip, as if you were slicing through the clip with your finger.

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Using MacBook (Apple)

After you [add video clips and photos to the timeline of your project](#), you can edit the audio on a clip, make a clip longer or shorter, change the sequence of clips, or split a clip into two separate clips.

1. **Trim Clips**

   You can trim a video clip or a photo so it appears for a shorter or longer period of time in your movie.

- With your project open, scroll the timeline to locate the clip you want to trim.
- To zoom in on the clip, choose View > Zoom In, press the Command–Plus sign (+), or pinch the trackpad. When you zoom in, you can see more detail in the clip, which can make it easier to edit.
- In the timeline, hold the pointer over the beginning or end of the clip that you want to trim until your pointer becomes the clip trim tool . The arrows indicate which directions you can trim the clip:
- To make the clip longer, drag the edge of the clip away from the center of the clip.
- To make the clip shorter, drag the edge of the clip toward the center of the clip.

If you can't drag the edge of the clip, it means there is no additional video at the beginning or end of that clip. For example, if you added a video clip that's 20 seconds long, you can't make it longer than 20 seconds. It might also mean the clip is at the shortest length allowed by iMovie, which is 0.1 seconds. If you still want to change the duration of a clip, try [changing the speed of the clip](#).

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2. **Add or remove frames with the clip trimmer**

For more precise editing, you can use the clip trimmer to add or remove individual frames from a video clip. You can also see how much of your clip is being used in your movie.

- In the timeline, select the clip you want to trim.
- Choose Window > Show Clip Trimmer. The selected clip appears in the clip trimmer, above the timeline. The part of the clip that is visible in your movie appears between the two white lines, and the parts of your clip that don't appear in your movie are dimmed and outside the white lines.
- Hold the pointer over the line at the beginning or end of the clip until the clip trim tool

  ←|→ appears, then make the clip longer or shorter:
  - To make the clip longer by adding frames, drag away from the center of the clip.
  - To make the clip shorter by removing frames, drag toward the center of the clip.

You can use a different portion of the same clip while maintaining its length in the project:

- In the clip trimmer, hold the pointer over the clip until the clip trimmer tool

  ◁▥▷ appears.
- Drag the selected portion of the clip left or right.
- To close the clip trimmer, press Return.

3. **Arrange clips**

You can change the sequence of clips in the timeline to change when a particular clip appears in your movie. With your project open, click the video clip or photo in the timeline, then drag the clip left or right depending on where you want the clip to appear in your movie:

- If you want the clip to appear earlier, drag the video clip to the left, then release.
- If you want the clip to appear later, drag the video clip to the right, then release.

You can also move multiple clips at once:

1. Hold the Command key as you click each clip you want to select, drag a selection rectangle around the clips, or hold the Shift key as you click each clip.
2. Drag the clips to a new location in the timeline.

4. **Split clips**

When you split a clip, you can adjust the duration of each section, remove unwanted sections, or add different titles to each section.

1. Scroll in the timeline to position the play head (the white line) where you want to split the clip.
2. If necessary, choose View > Zoom In or press Command–Plus sign (+) to zoom in on the clip.
3. To split the clip, choose Modify > Split Clip or press Command-B.

After you split the clip, add a transition like a cross-dissolve between the clips.

5. **Combine Shots**

Arrange the clips in the following order:

- Full Swing Video: Driver and 6-iron from down the target line and face on.
- Short Game Video: Putt, chip, and bunker shots from down the target line.

6. **Add Transitions and Titles (Optional):**

- Add transitions between clips if needed.
- Add titles to label each shot (e.g., "Driver - Down the Target Line").

7. **Export the Final Video**

- Export the edited video in a suitable format (e.g., MP4).
- Ensure the video quality is high (1080p recommended).

8. **Export a project**

- In the iMovie app on your iPhone, tap a project in the [Projects browser](#), tap the Share button at the bottom of the screen, then tap Export Project.
- Tap one of the following options:
  - *AirDrop:* Share wirelessly to a nearby Apple device using AirDrop.
  - *Save to Files:* Save the project to your iPhone, iPad, or iCloud Drive.
  - *Mail:* Export the project and send it in an email.
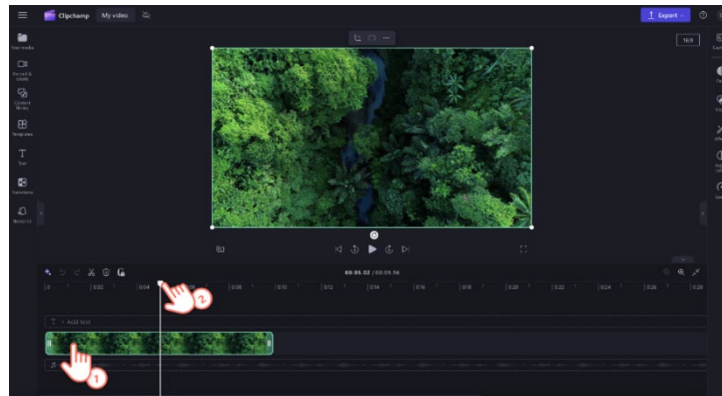 - *Messages:* Export the project and send it in a text message
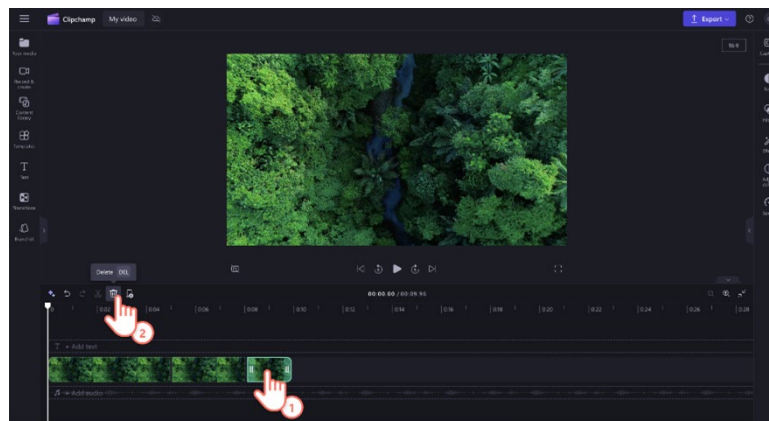
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Using a Personal Computer (PC) – Microsoft Office ClimpChamp

How to trim and cut clips using ClipChamp (For PC users)

1. **Select the video clip you want to split and position the seeker**
   On the timeline, click the video you'd like to split. Your video will be highlighted green when selected. Next, move the seeker to the location on the timeline you would like to split your video clip.

Note: Use the timecode above the timelines as a guide. For example, place your seeker at 01:30:00 for 1min 30 seconds.
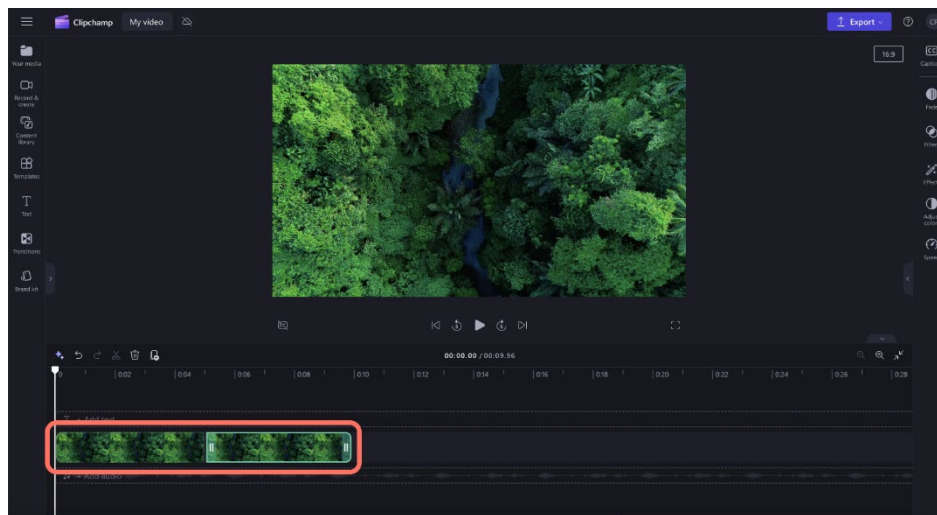
2. **Select the scissors icon**

   Next, click on the video splitter button (scissors icon) on the timeline to split your video. You can also use the S key on your keyboard to access the split tool shortcut.

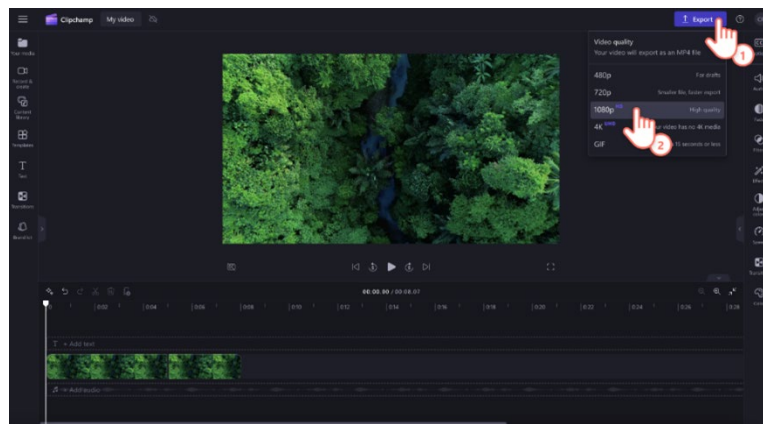Your video will now be split into two clips on the timeline.

3. **Delete unwanted split video clips**

   To remove any split footage from your timeline, just click on the clip so it's highlighted green, then click on the delete button (trash can icon). Your clip will automatically delete from the timeline.
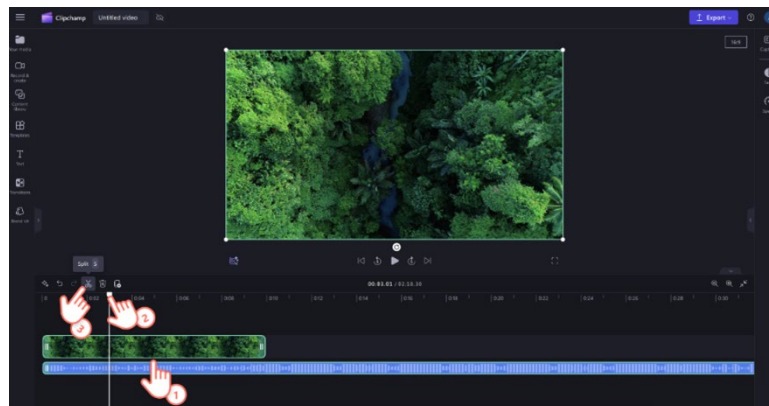
4. **Preview and save your video**

Before [saving your new video](#), make sure to preview by clicking on the play button. When you're ready to save, click on the export button and select a video resolution. We recommend saving all videos in 1080p video resolution.

How to split video and audio clips at the same time

Hold down the shift key on your keyboard and select both the video and audio clip on the timeline. You can also click and drag your mouse across both assets, which will select both of them. Next, move the seeker to where you want to split them. Then select the Split button.

Note: If your audio is attached to your video, the audio will automatically split with the video.

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Uploading the Videos

YouTube
VIDEO: How to upload to YouTube (Computer, Android, iPhone & iPad)
1. Open the YouTube app and sign in.
2. Tap the "+" icon at the bottom of the screen.
3. Select "Upload a video" and choose the edited video file.
4. Fill in the video details (title, description, etc.).
5. Tap "Next" and then "Upload" to publish the video.

Google Drive
VIDEO: How to Upload to Google Drive (Computer, Android, iPhone & iPad)
1. Open the Google Drive app and sign in.
2. Tap the "+" button and select "Folder" to create a new folder.
3. Open the folder and tap the "+" button again, then select "Upload."
4. Choose the edited video file to upload.

Vimeo
VIDEO: How to Upload to Vimeo
1. Open the Vimeo app and sign in.
2. Tap the "+" icon and select "Upload."
3. Choose the edited video file and fill in the video details.
4. Tap "Upload" to publish the video.

Sharing the Videos

YouTube
VIDEO: How to Share YouTube Videos
1. Open the video on the YouTube app.
2. Tap the "Share" button below the video.
3. Copy the link provided and share it.

Google Drive
VIDEO: How to Share Google Drive Videos
1. Open the Google Drive app and locate the uploaded video file.
2. Tap the three dots next to the video and select "Get link."
3. Ensure the link settings allow others to view the file.
4. Copy the link and share it.

Vimeo
VIDEO: How to Share Vimeo Videos
1. Open the video on the Vimeo app.
2. Tap the "Share" button.
3. Copy the link provided and share it.