USGA SAFEGUARDING PROGRAM
Prevention Policies

Athletic Training/Medical Modalities, Massages, Rubdowns & Medical Orders

All In-Program athletic training or medical modalities, stretching, massages, or rubdowns of a Minor Athlete must adhere to the following general conditions. There are no exceptions to this policy.

- Observable and interruptible, with another Adult Participant physically present and in full sight of the treatment at all times;
- Performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin, or genitals are always covered; and
- Allow parents/guardians in the room as an observer, except for competition or training venues that limit credentialing.

Except for emergency medical treatment or immediate pain mitigation, only licensed professionals who are hired to specifically perform such duties are permitted to perform any athletic training/medical modality, stretching, rubdown or massage within the competition facilities or training area. However, Coaches, regardless of whether they are licensed massage therapist, may not massage Minor Athletes.

Consent

The following consent procedures must be adhered to before any non-emergency athletic training/medical modality, massage, stretching or rubdown is offered:

- Providers of athletic training or medical modalities, massages, and rubdowns or the USGA, when applicable, must obtain written consent at least annually from Minor Athletes' custodial parents/guardians before providing any athletic training or medical modalities, massages, or rubdowns.
- A detailed treatment plan including specific areas and method of each treatment must be presented verbally to the athlete before each treatment is offered and throughout the process.
- Athletes and/or parent/guardian may withdraw consent at any time and without explanation.

Medical Orders and Follow-up

Adult Participants must adhere to any and all restrictions placed on the athlete for practice and/or competition. To include, but not limited to:

- A time frame for how long the medical provider wants the restrictions placed on the athlete;
- Any training modifications that the medical provider feels will benefit the athlete; and
- Any alternative forms of conditioning that may be acceptable during practice (i.e. lower body conditioning only, in place of full body conditioning).